

STRENGTHENING THE FAMILY TOGETHER



Family support

For expectant parents and families with children from the age of 0-3 years old

Family support helps

Living with a child brings a lot of joy, but sometimes can also be confusing and overwhelming.

Family support helps with many questions, for example, if:

- unexpected changes occur during pregnancy
- there is little support from the partner or other family members
- the child needs more attention than you feel you can give
- there is not enough money anymore
- a family member experiences psychological or mental problems
- the daily life of the family becomes difficult

Finding the right help

Family support assists you and your family for free to get the right help:

From personal counselling to assistance with official channels (authorities), up to guidance and support with nursing, care and education for your child

Please contact us



<https://www.fruehehilfen.at/de/Regionale-Netzwerke/Fruehe-Hilfen-Netzwerke.htm>

 VORSORGE MITTEL DER
BUNDESGESUNDHEITSAGENTUR

 **Bundesministerium**
Arbeit, Soziales, Gesundheit
und Konsumentenschutz